Knowledge E
enriching | engaging | empowering

Research article

The Use of Online Muhasabah to Improve Discipline and Honesty of Students in Worship

Abdullah Makhrus[1], Nurdyansyah Nurdyansyah[2*], Akhtim Wahyuni[2]

[1]Student Islamic Education Management, University of Muhammadiyah Sidoarjo, Indonesia
[2]Supervisor Islamic Education Management, University of Muhammadiyah Sidoarjo, Indonesia

ORCID
Nurdyansyah Nurdyansyah: https://orcid.org/0000-001-6545-2567

Corresponding Author:
Nurdyansyah Nurdyansyah;
email:
nurdyansyah@umsida.ac.id

🔒 **OPEN ACCESS**

Abstract.
The social distancing policies brought about by the COVID-19 pandemic, with no direct classroom interactions, have disrupted students' prayer routine, especially that of the five daily prayers. Many teachers have therefore resorted to Google Workspace as a solution to this. The general purpose of this research was to instill discipline and honesty in students, while the specific goal was to encourage them to follow diligently the five daily prayers. The researchers conducted a systematic literature review by documenting and reviewing all articles related to improving student discipline and honesty published from 2014 to 2021. In total, 19 articles from national and international accredited journals were obtained from DOAJ, Google Scholar, and lens. These articles examined students' discipline, honesty, and the role of parents and teachers therein. Several studies showed that periodical reminders by teachers and preparing a student worship checklist by parents can help reinstate students' prayer and worship routine.

Keywords: online *muhasabah*, discipline, student honestyonline *muhasabah*, discipline, student honesty

1. Introductions

Every parent has expectations attached to their decisions when choosing and sending their children to Islamic schools. One of the parents' hopes is for their children to be more obedient, honest, and disciplined in their worship. Without discipline, a learner will not achieve his life goals and ideals.

Giving punishment to students who violate discipline must be carried out appropriately. As an alternative to punishment, teachers can use verbal appreciation if they practice honesty and discipline, especially when performing worship activities such as praying. This appreciation can break bad habits and motivate students. In addition, reflecting on students' misbehavior and ensuring appropriate actions without causing physical or psychological pain will create a harmonious teaching and learning environment [1].

In this article, researchers research efforts to improve student discipline and honesty, especially in worship activities. It is important because honesty has a tremendous effect on society. So many people suffer losses due to the dishonesty of others. Dishonesty in academic, health, social, legal, political, and others. Including in today's digital era, massive lies occur when smartphone users can freely send hoax messages in seconds to everyone. Our nation's biggest problem today is the result of someone's dishonesty, such as corruption [2].

With discipline, a student accustomed to discipline in his activities will impact his learning achievement. Likewise, good parenting will affect the level of student discipline [3]. Researchers understand that a self-control tool is needed to practice self-discipline and honesty. The concept of self-control in Islam is known as muhasabah. This is also a tool for self-reflection so that someone knows and counts what deeds have been done before Allah will count them on the Day of Resurrection [4].

Online muhasabah is interpreted as an effort carried out to provide an evaluation of daily worship. It is focused on calculating the quantity of student worship activities every day. Through this daily worship evaluation, it is hoped that students will have awareness and responsibility in carrying out their worship. This evaluation utilizes online tools to record and store reports neatly in an online database.

The approach I take is to carry out this muhasabah activity by checking students' daily prayer activities. Every day students report daily prayer activities. The role and involvement of parents in parenting, especially mentoring in academic work and religious practices, which are part of education and learning at home, show positive and significant results for students [5]

One new thing that researchers will show in this research is digital technology as a tool for reflection. It must be done to control the honesty and discipline of students praying every day. Completing muhasabah data online, on the other hand, will increase students' high level of independence. Overall, they rate this aspect positively. However, muhasabah as a reminder is very necessary [6]. In addition, the online muhasabah model and online learning can ease the teacher's work to control student worship activities, especially if there are many students in the class.

2. Methods

This research article used the Systematic Literature Review (SLR) method with a meta-synthesis model. Systematics in writing using the following steps. Initially doing identification, screening, feasibility, and making conclusions. This systematic literature review

uses reference data from several journal articles from DOAJ, Google Scholar, and lens.org. The keywords used are honesty and discipline. The selected articles match the keywords published in the last seven years, from 2014 to 2021. This limitation is part of an effort to focus on publication articles for reading and improve the accuracy of information search. From several articles collected, the researcher chose 19 articles that matched the keywords being searched for.

Each article was evaluated based on the criteria before it was ready to be used in this result. After that, the researchers categorized articles related to honesty, discipline, parenting, and the role of teachers in training students' honest and disciplined characters.

3. Finding and Discussion

The first activity that was carried out was to conduct a literature review about the fact that several students had not prayed five times a day. The teacher makes control efforts to maintain students' honest character and discipline. From this review, it is known that the role of parents and teachers in reminding students always to carry out prayer activities is important.

In addition, by doing reminders and clarification on students' daily activities that are carried out repeatedly, it aims to get to know students' character more [7]. The phenomenon of parents who do not want to be involved and cooperate with teachers in disciplining students in worship is certainly the opposite of what parents expect when they first choose their children to attend Islamic schools. Especially the hope that their children will become a finger for parents who will pray for them when they are gone.

Using digital media to make it easier for teachers to control student worship activities will certainly be very beneficial for educators. Through online muhasabah media, it will be easier for teachers to control, recap, and report student worship activities to parents as reports on student progress.

Utilizing digital technology allows teachers to direct students to report daily worship activities independently. So, the control of worship activities can be carried out optimally. The use of this tool is also expected to overcome the difficulties of teachers to record so many daily worship activities if it has to be done manually using books.

In this study, the data found were then analyzed using meta-synthesis techniques. The results of the selection process found 19 articles in the last seven years categorized according to the criteria because they discussed topics of discipline, honesty, online media, and muhasabah. The 19 articles obtained were then read and analyzed. Then,

the flow of filtering articles and journals as data for this paper is shown in Figure 1. After obtaining the final selection of articles, they are read and analyzed. This section presents the data needed in this research.
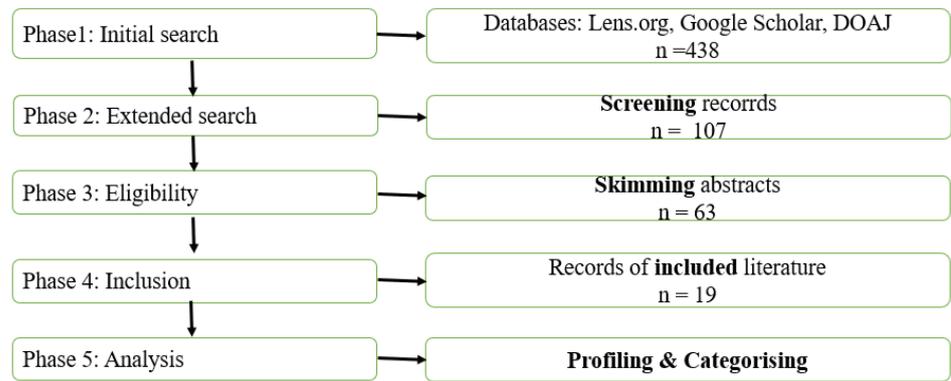

Figure 1: Systematic Review Prisma.

The process carried out in the search process for 19 articles started from the initial search process through a database obtained from lens.org, google scholar, and DOAJ sources. The initial search stage found 438 articles using the keywords discipline, honest, online media, and muhasabah. Furthermore, the researcher conducted further searches by analyzing the core discussion and conclusions drawn from each article, resulting in 107 articles. Then, adjusting the abstracts of the relevant articles obtained 63 eligible articles.

Then, the final weeding was carried out, which matched the keyword criteria in the research title, and 19 articles were found. The articles were then reviewed in this study are listed in Table 1.

Table 1 indicates that teaching discipline to students in every learning activity is very necessary. Because the character of discipline of important point as a marker that students get the results from education and the role of teachers and parents. This discipline point is specifically covered in 42% of journals [1,3,5,7,8,14,16,18,19]. Likewise, teaching honesty is a character that can't be separated from discipline. So that efforts to form an honest character must still strive as hard as possible. It can be done through a communication approach; improving parenting becomes an important point that can't be ignored. This is explained as much as 29% in the journal [2,7,9,10,18].

However, the use of digital technology to control students' honesty and discipline can be done. Hoping that it will make it easier for teachers to carry out the control process on several students in one class. It is also very useful during a pandemic. When the all activities are online, this can be used to train students to be independent and use digital technology so that muhasabah control can be done anywhere. This is

TABLE 1: References of Online Muhasabah to Improve Discipline and Honesty of Students in Worship.

Features of Online Muhasabah to Improve Discipline and Honesty of Students in Worship	Online Media	Discipline	Honesty	Muhasabah
Managing School Discipline: The Students' And Teachers' Perception On Disciplinary Strategies[1]		√		
Honesty: A Multidimensional Study as Motivation for National Character Building [2]			√	
Role of Learning Discipline in Mediating The Influence of Parent's Parenting Towards Student's Learning Achievement [3]		√		
Muhasabah as a Regulative Effort for Digital Natives who Identified Fear of Missing Out (FoMO)[4]	√			√
Parenting styles and practices of Latino parents and Latino fifth graders' academic, cognitive, social, and behavioral outcomes [5]		√		
Effectiveness of digital education on communication skills among medical students [6]	√			
Student Character Buliding Reconstruction Junior High School in District Galesong Takalar Based Values National Culture [7]		√	√	
Strategies to Cope With Students' Discipline Problems in Senior High School [8]		√		
Educational Honesty: The Main Philosophical Value in School [9]			√	
The Differences of Honest Characters of Students Before and After Learning with A Model of Learning of Intelligent Character [10]			√	
Chemistry Learning via Distance Learning during the Covid-19 Pandemic [11]	√			
Digitalization of presence events in the covid-19 pandemia – the lecturers' perspective [12]	√			
Increased patterns of Islamic social interaction with E-Learning-based learning methods during the COVID-19 Pandemic. Peningkatan pola interaksi sosial islami dengan metode pembelajaran berbasis E-Learning di masa Pandemi COVID-19[13]	√			
Parental preferences in the choice for a specialty school [14]		√		
Teachers' Digital Skills Readiness During COVID-19 Pandemic [15]	√			

TABLE 1: References of Online Muhasabah to Improve Discipline and Honesty of Students in Worship.

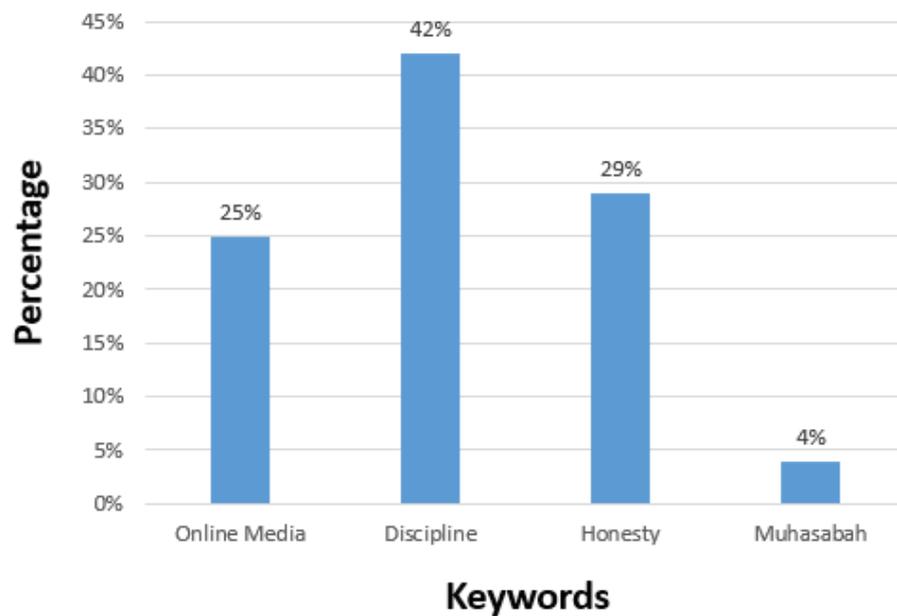| Features of Online Muhasabah to Improve Discipline and Honesty of Students in Worship	Online Media	Discipline	Honesty	Muhasabah
Penanaman Nilai-Nilai Pendidikan Karakter Disiplin Pada Siswa Sekolah Dasar [16]		√		
Strategi Pembelajaran Jarak Jauh Siswa Berkebutuhan Khusus Di Sd Inklusi Era Pandemi Covid-19[17]	√			
Religious Culture Development Strategy For Shaping Character Of Students [18]		√	√	
Teaching English in the industry 4.0 and disruption era: Early lessons from the implementation of SMELT I 4.0 DE in a senior high lab school class [19]		√	√	

Figure 2: Percentage of keyword suitability in articles/journals.

explained as much as 25% in the journal [4,11,12,13,15,17,19]. Then, specifically discuss muhasabah only 4%. The small number of articles that review these muhasabah points is an opportunity for further researchers to conduct further research.

4. Conclusion

The application of online muhasabah to train students' honesty and discipline is very important. Teachers, parents' communication approach, and motivation to keep reminding students are important points. We can combine digital technology to make it easier

for teachers and parents to control the honesty and discipline of students, especially in its application in worship activities. However, parents hope that despite the pandemic, they want their children to remain diligent and disciplined in their worship activities, especially the five daily prayers. The results of a literature review of 19 articles that control muhasabah can also be done online as online learning when the pandemic arrives. Of course, by collaborating between parents and teachers by overseeing student worship activities by doing daily reminders for students. The online muhasabah application will make filling out daily worship control data easy, and not many schools have done it. Of course, this is an interesting opportunity when many parents and teachers have difficulty dealing with the decline in student worship during the pandemic. Future research studies are expected to develop an online muhasabah model in the form of an application that makes it easier for students to fill in the worship checklist data that has been done and makes it easier for teachers to see the progress of student worship.

Acknowledgments

References

[1] Asare S, et al. Managing school discipline: The students' and teachers' perception on disciplinary strategies. British Journal of Psychology Research. 2015;3(2):1–11.

[2] Suud FM, Sutrisno S, Madjid A. Honesty: A multidimensional study as motivation for national character building. Hayula Indones. Jurnal Multidiscipliner Islamic Studies. 2020;4(1):99–116. https://doi.org/10.21009/004.01.06

[3] Aulia DW, Khafid M. Role of learning discipline in mediating the influence of parent's parenting towards student's learning achievement Journal of Primary Education. 2018;7(2):155–162. https://doi.org/10.15294/jpe.v7i2.23131

[4] Uasni ZFA, Uyun Q, Annatagia L. Muhasabah as a regulative effort for digital natives who identified fear of missing out (FoMO). International Summit Science Technology Humanity. 2019:147–155.

[5] Jabagchourian JJ, Sorkhabi N, Quach W, Strage A. Parenting styles and practices of Latino parents and Latino fifth graders' academic, cognitive, social, and

behavioral outcomes Hispanic Journal of Behavioral Sciences. Sci. 2014;36(2):175–194. https://doi.org/10.1177/0739986314523289

[6] Kyaw BM, Posadzki P, Paddock S, Car J, Campbell J, Car LT. Effectiveness of digital education on communication skills among medical students: Systematic review and meta-analysis by the digital health education collaboration. JMIR Publication. 2019;21(8):1–6. https://doi.org/10.2196/12967

[7] Handayani T, Soesilowati E, Priyanto AS. Student character building reconstruction junior high school in district galesong takalar based values national culture article info. Jurnal Education Social Study. 2018;7(2):116–122.

[8] Prasetyarini A, Hikmat MH, Thoyibi M. Strategies to cope with students' discipline problems in senior high school. Indonesian Jurnal Learning Advanced Education. 2021;3(1):40–47. https://doi.org/10.23917/ijolae.v3i1.9474

[9] Suud FM, Sutrisno S, Madjid A. Educational honesty: The main philosophical value in school. TARBIYA Jurnal Education Muslim Society. 2019;6(2):141–154. https://doi.org/10.15408/tjems.v6i2.11769

[10] Lase F, Nirwana H, Neviyarni N, Marjohan M. The differences of honest characters of students before and after learning with a model of learning of intelligent character. Jurnal of Education Learning Studies. 2020;3(1):41. https://doi.org/10.32698/0962

[11] Sari I, Sinaga P, Hernani H, Solfarina S. Chemistry learning via distance learning during the Covid-19 pandemic. Tadris Jurnal Keguruan dan Ilmu Tarbiyah. 2020;5(1):155–165. https://doi.org/10.24042/tadris.v5i1.6346

[12] Gottschalk M, et al. Digitalization of presence events in the Covid-19 pandemic – The lecturers' perspective. GMS Jurnal Media Education. 2021;38(1):1–8. https://doi.org/10.3205/zma001426

[13] Mumthaza S, Anshori I, Istikomah I. Increased patterns of Islamic social interaction with e-learning-based learning methods during the COVID-19 pandemic. (Peningkatan pola interaksi sosial Islami dengan metode pembelajaran berbasis e-learning di masa pandemi COVID-19.) Halaqa Islamic Education Jurnal. 2021;5(1):29–42. https://doi.org/10.21070/halaqa.v5vi1i.1129

[14] Prieto LM, Aguero-Valverde J, Zarrate-Cardenas G, van Maarseveen M. Parental preferences in the choice for a specialty school. Journal of School Choice. 2019;13(2):198–227. https://doi.org/10.1080/15582159.2018.1442087

[15] Perifanou M, Economides AA, Tzafilkou K. Teachers' digital skills readiness during Covid-19 pandemic. International Jurnal Emergency Technoogy Learning. 2021;16(8):238. https://doi.org/10.3991/ijet.v16i08.21011

[16] Annisa F. Penanaman nilai-nilai pendidikan karakter disiplin pada siswa sekolah dasar. Perspektif Pendidikan dan Keguruan. 2019;10(1):69–74. https://doi.org/10.25299/perspektif.2019.vol10(1).3102

[17] Hamidaturrohmah H, Mulyani T. Strategi pembelajaran jarak jauh siswa berkebutuhan khusus di sd inklusi era pandemi Covid-19. Elementary Islamic Teacher Jurnal. 2020;8(2):247. https://doi.org/10.21043/elementary.v8i2.7907

[18] Wangsa D, Khairiyah F, Islam U, Sumatera N. Religious culture development strategy for shaping character of students. Mudarrisuna. 2021;11(1):57–77. http://dx.doi.org/10.22373/jm.v11i1.8969

[19] Suherdi D. Teaching English in the industry 4.0 and disruption era: Early lessons from the implementation of SMELT I 4.0 DE in a senior high lab school class. Indonesian Journal Of Applied Linguistics. 2019;9(1):67–75. https://doi.org/10.17509/ijal.v9i1.16418