

**ANTICANCER AND ANTIAGGREGATION OF SEAWEED EXTRACT****Astuti Lamid^{1)*}, Komari²⁾**¹⁾Centre of Applied Technology of Health and Clinical Epidemiology²⁾Centre of Biomedical and Basic Technology of Health*e-mail: astuti4@yahoo.com**ABSTRACT**

Exploration of seaweed potential as sources of bioactive compounds were studied and found two type seaweeds from in Bali such as *Caulerpa rasemosa* and *Gracillaria* sp had potential as food supplements and prepared and consumed as food. These seaweeds were used as vegetables in daily diet as side dishes or can be consumed alone. Their bioactive components of these seaweeds were explored for degenerative diseases. *Gracillaria* sp or bukung hijau were extracted with different solvents and tested qualitatively for possible bioactive component. as anti cancer agents and anti platelet aggregations were performed in vitro. Using cancer cell of mice (C3H) and New Zealand Rabbits Platelet. The results showed that anti cancer growth of the extract was 7th fraction of the extract with 78% activities and LD50 was 0.1 ppm. The anti platelets aggregation optimum of the extract was 13.2%. The formulation of food supplement from these seaweed may benefit to produce functional food related to health.

Keywords: seaweed extract, anti-cancer, anti platelet aggregation

INTRODUCTION

The problem of cardiovascular disease is one of the cause of death in Indonesia. (NIHRD 2008). This condition resulted in reduction quality human resources and also increase of health cost of the community. This conditions was predicted to be more prevalence due to changing of life style, food pattern consumption and stress. Less exercise in daily life was practised by the community; food consumption of community was more fatty and less dietary fiber; and more mobile community caused more stress. Biodiversity of marine resources must be explored to supply healthy supplement of the community. Previous study had been performed to explore the benefit of marine sources for bioactive component. These bioactive has been related to prevent or reduced risk of degenerative diseases. (Quinn 1990; Komari 1997). Macroalgae are a source of biologically active phytochemicals such as carotenoids, phycobilins, fatty acids, polysaccharides, vitamins, sterols, tocopherol and also phycocyanins. Some of the compounds are known to have biological activity due to have potential beneficial use in healthcare. However, the chemical and nutritional composition of seaweeds depends on many factors, including species, geographical origin or area of cultivation, seasonal, environmental, and physiological variations, time of harvest, water temperature, and processing methods (Ito and Hori 1989).

Marine macroalgae survival showed that some local knowledge is using seaweeds as food in some part of Indonesia. Mostly these seaweed can be produce for gelling agent of agar, but another seaweed product was traditionally prepared with simple technique as vegetables. The

seaweeds such as cauliflower sp and gracillaria are cleaned with boiling water to remove the sand and other materials. The cleaned seaweed is then served with salty fish extract (Komari 1997).

Previous study revealed that some seaweeds having potential sources of bioactive compounds for degenerative diseases. *Caulerpa racemosa* is one of traditional seaweeds that has been used as food. The seaweed called bulung buni has been studied having potential as sources of food supplement (Komari, 1997). Another seaweed bulung hijau belongs to *Gracillaria sp* is also measured for anti-cancer cell and anti-platelet aggregation *in vitro*.

MATERIAL AND METHODS

1. Material

Seaweed used in this experiment is *Gracillaria sp* having washed with boiling water until the surface of seaweed is clean. The cleaned seaweed was then extracted and the extract used to measure the anti-aggregation of platelet obtained from New Zealand white blood and anti-cancer agent using Cell line.

Extraction was conducted using solvents of ethanol, ethyl acetate, dichloromethane and methane. Based on qualitative test, the extract using dichloromethane was highest and contained terpenoids. This extract was then tested for anti-aggregation of platelet and anti-cancer agent.

The extract was then performed in Thin Layer Chromatography with elution solvent was dichloromethane the fractions were collected for further measurement.

2. Methods

2.1 Measurement of cytotoxicity of seaweed extract on cancer cell of mice (C3H).

The *in vitro* determination was using cell line of mice. The extract was used dichloromethane and the solvent was vacuum evaporated and the dried extract was diluted in Fetal Bovine Serum (FBS). Cell cancer of mice (C3H) strain W.E. Heston National Cancer Institute, USA from Anatomy Pathology of University Indonesia cultured in the same solution at concentration of 0,00001, 0,0001, 0,001, 0,01, 0,1, 1,0, 10,0 and 100,0 ppm. LD50 was obtained for 50% of cancer cell inhibited at concentration of related extract.

After incubation time for 96 jam, cancer cell were counted and compared with control culture. Effect of residual solvent was also tested for effect on cancer cell of mice and no effect of the culture cancer cell. (Komari and Lamid (1997).

2.2 Measurement of Anti-aggregation Using cell platelet of New Zealand White

Determination of anti-aggregation of platelets of New Zealand White using PACS-4 equipment as described by Komari (1997). The methods of level of platelet aggregation was described by Method of Eguchi *et al.* (1991) and Born (1962). This determination measured of aggregation of platelets of NZW as shown by PACKS-4 equipment.

The seaweed extract was filtered using 0.02nm filter to ensure no small particles were affected the measurement of aggregation of platelet. Rabbit blood was centrifuged at 100 rpm for 15 minutes. Plasma Rich Platelet (PRP) was used as platelet aggregation and Plasma Poor Platelet was used as control.

Adenosine Di Phosphat (ADP) is used as aggregation substance of platelet. The aggregation of the platelet is measured using changing of transmission of light responded in equipment. The maximum response was the optimal effect of the platelet aggregation.

RESULTS AND DISCUSSION

As obtained by previous study, seaweed used in this experiment belong *Gracillaria* sp or in Bali called *Bulung hijau*. This type of seaweed is locally prepared as vegetable mixed with salted fish extract. This vegetable can be consumed as vegetable alone or consumed with rice. (Komari 1997). The nutrient content of this vegetable was 152 Kcal energy, 60,1g/100g water, protein 0,7g/100g, fat 0,5g/100g and dietary fiber 0,7g/100g. Significant amount of micronutrient were iron, calcium, iron and beta carotene and low in fat and protein that the formula of seaweed could use as reduction of body weight in obesity (Komari and Lamid 1997).

1. Effect of Seaweed Extract on Cytotoxicity of Cancer Cell

Extraction of this seaweeds was conducted using solvent of ethanol, ethyl acetate, dichloromethane and methane and recovery of extract and its recovery were respectively 12.24%, 8.17%, 7.14% and 1.03%. These bioactive activity to inhibit the growth of cancer cell on mice was optimum observed in Dichloromethane extract of 74%, ethyl acetate 58%, ethanol 49% and methane 42% (Komari and Lamid 1997).

Elution of extract from dichloromethane was collected for 12 fraction and the effect of these fraction on anti cancer cell of mice (C3H) can be shown in Table 1. The optimum effect of fraction on prevention of growth cancer cell was Fraction 7 with inhibition of 78% followed with other fractions below 76% (Table 1).

Determination of LD50 were measured at concentration of 100 ppm to 0,00001 ppm and result of this determination results in concentration of 0,1 ppm of dichloromethane having effect on 50% inhibition of the cancer cell (Table 2) (Quin 1990; Ito and Hori 1989).

Table 1. Anti Cancer Cell of Fraction of Dichloromethane

Fraction of TLC	Rf Value	Anti Cancer Activity (%)
F1	0,95	41
F2	0,91	49
F3	0,84	59
F4	0,77	75
F5	0,71	-
F6	0,60	69
F7	0.52	78
F8	0.46	57
F9	0.39	56
F10	0.32	51
F11	0,25	-
F12	0,11	-

Table 2. Anti-Cancer Effect of Cancer cell of Mice *in vitro*

Extract Concentration	Level of Inhibition of Cancer cell Growth
100,0	Very low
10,0	Very low
1,0	Close to 50% of control
0,1	50% of control
0,01	Almost the same of Control
0,001	The same as control
0,0001	The same as control
0,00001	The same as control

2. Effect of Seaweed Extract on Platelet Aggregation

Anti aggregation of platelet is relatively related to formation of atherosclerosis in human. The measurement of anti aggregation of dichloromethane extract was shown in Table 3. Most of the fraction having activity to inhibit the aggregation was less than 10% except fraction 7 had an effect of 13.2%. Previous study showed that qualitative test of the fraction having optimum effect on platelet aggregation and also anti cancaer cell growth was brownis green and the substance shloud be terpene. The terpene is anti oxidative compaound mostly extracted from plant. This inhibition activity was also previously reported in *Caulerpa sp.* (Komari 1997),and seaweed (Ito dan Hori 1989) (Table 3).

Table 3. Anti Aggregation of Platelet of Fraction of Dichloromethane

Fraction of TLC	Aggregation Inhibition Activity (%)
F1	4.2
F2	5,1
F3	1.8
F4	6,2
F5	-
F6	-
F7	13.2
F8	5,7
F9	1,3
F10	2,5s
F11	-
F12	-

CONCLUSION

Traditional vegetable of Bulung Hijau or *Eushema* sp resulted on optimum activity of the bioactive using dichloromethane solvent. This extracts was tested for anti agregation of platelet of New Zealand White and cell-cancer of Mice (C3H). Platelet obtained from NZW mixed with the extract showed reduced aggregation level of 6,5% compared to control agregation of contol sample was 1,5%. Measurement of LD50 of the extract was optimum at concentration of 0,1 ppm to heve prevention of cell cancer growth protection.

This product can be improved not only as cegetable fresh but also sivefferent product to used as health product for community.

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