Research Article Title

**Abstract**:

Around 250-350 words, a structured abstract is required summarizing the research components. Write 1-3 sentences for each of the following headings to form your abstract: **Introduction, Methods,** **Results, Discussion, Conclusion.** Citations, References, Hyperlinks and Abbreviations should not appear in the abstract. Use this abstract in the System Abstract box.

**Introduction**:

This is the literature review and background of your research. Most of your citations should appear here. References used should be as current as possible. Avoid making your introduction as a textbook or summary of papers. Aims and Objectives should be in the methods section.

**Methods**:

Write a clear methodology stating with an objective or hypothesis and study design with inclusion and exclusion criteria. The Methods section should include a statement indicating if the research was approved by an independent local, regional or national review body (don’t write the organization name). All information and/or data obtained during the study should be added in the Results section.

**Results**:

In this section, without interpretation or bias, describe and tabulate your research findings results based on the methodology you designed. The results section should state the findings of the research arranged in a logical sequence without interpretation.

**Discussion**:

In this section, interpret and evaluate your results and benchmark with previous similar literature. Limitations of the study might be mentioned in your Conclusion. Little citation should appear here.

**Conclusion**:

In this section, make a short clear conclusion and recommendation supported by evidence from your results. The recommendation should be for the global science and not limited to your organization. Don’t use a previous published paper conclusion in this section. No citations should appear in this section.

**References**:

Use Vancouver style. In-text citation: each reference is assigned a number between brackets (1) based on its placement in your paper. Create your Reference list from the citations you used as they appear in your paper and arrange them numerically using Arabic numerals.